The Impact of Your Support

2023 Annual Report



Dear neighbors,

For over 50 years, the CEAP community has been driven by the question, "Who else? What else?" This year, that question took on new meaning as more neighbors than ever before turned to our community safety net for provision and connection in 2023. Thanks to your support, CEAP welcomed every neighbor with open arms.

When high inflation meant neighbors fell behind on essential costs of living, you shared abundance from your heart.

When cuts were made to government assistance programs and neighbors struggled to put food on the table for their families, you mobilized to stock their fridges and pantries with nourishing groceries.

With every gift, every hour volunteered, and every Facebook share, you planted a seed to grow a stronger community for all of us. Together, we're cultivating a community that invests in and cares for each other.

From committed volunteers who contributed over 17,000 hours of time and talent, to generous donors who funded millions of nutritious meals, and to community, corporate, and foundation partners who made it possible for CEAP to meet a growing need for our services, you are propelling every neighbor into greater health, stability, and connection.

Thank you for being part of the CEAP community!

Clare Brumback, CEAP President Polly Berry Dorr, CEAP Board of Directors Chair



OUR MISSION

CEAP mobilizes resources, shares abundance and nourishes neighbors to create and celebrate a healthier, stronger and connected community.

OUR VISION

CEAP inspires collaboration and cooperation with our partners and neighbors to live healthier, more connected lives in which every person feels loved, safe and nourished.

2023 Board of Directors

Polly Berry Dorr, Chair Manager of Media Investments, General Mills, retired

Jeff Uecker, Vice Chair Chief Financial Officer, Goodwill-Easter Seals MN

Tiffany Nguyen CEAP Community Member

Jill Winter
Firm Manager, North Star Tax & Accounting

Kimberly Boll-Farrington Senior Art Director, Nemer Fieger

Lisa McDonnel

Senior Vice President of Network Strategy & Innovation, United Healthcare

Obed Ruiz MéndezMarketing Director, Cummins Power Systems

Tom AgnesLiquid Operations Manager, Brooklyn Center Liquor



Food Market

CEAP was founded as a food shelf in 1972 and our food programs remain an integral part of our services. Our Food Market offers access to a variety of nutritious food, an **important building block in creating long-term health and stability.**

Food is a basic human right and is one of the cornerstones of a happy and healthy life. CEAP knows that this right involves not just having food, but having reliable access to a variety of nutritious, culturally appropriate food: having the dignity to be able to choose the right food for each of our unique needs, and doing so in a space that is welcoming, loving, and shame-free.

Each grocery order at CEAP contains all the essentials for well-rounded meals for a family. CEAP offers options for our neighbors of all different cultures, diets, and preferences to ensure everyone is nourished in a way that is most fulfilling to them. We also believe in celebrating our community and helping our neighbors nourish their spirits through "special" items like birthday cakes and holiday baking items!

This year, CEAP took significant steps in implementing the next phase of our Mobile Market. We are excited to share curated groceries and community connections with neighbors who face barriers to accessing nutritious food through traditional food assistance models.





9,700 neighbors

received assistance through CEAP's Food Market for the first time

1,789,000 pounds

of food shared with our community

14,774

visits to CEAP's Food Market



Safe @ Home Brooklyns

CEAP is a trusted neighborhood organization that has spent decades forming meaningful relationships with neighbors, landlords, and property managers alike. We work in community with our neighbors to identify and mediate positive, upstream solutions before families are at risk of eviction. Connecting neighbors with resources and information provides every household with knowledge to make the right decisions for every family and every neighbor.

During the pandemic, CEAP was selected to facilitate federal CARES Act funds because of our roots as a trusted emergency response organization that works both efficiently and with care.

Neighbors need stable living environments to be healthy, to become financially independent, and to **propel themselves forward.** No family should need to choose between putting food on the table or keeping a roof over their heads.

1,700

neighbors kept safe in their homes

Thank you for helping me out with my situation on my rent. I truly and highly appreciated **the time and patience** as well as all the effort that you have put into everything.

I have been blessed to have the opportunity to move forward with less stress. And I will use this blessings as a fresh start and a new beginning.

Safe @ Home Brooklyns Participant



Senior Programs

Our senior neighbors are often most impacted by food insecurity due to factors like financial strain and a lack of access to transportation, as well as other barriers to visiting CEAP and preparing meals themselves.

From delivering meals right to their door through Meals on Wheels to providing healthy items for seniors to pick up at curbside, our programs are here to provide independence, dignity and opportunities for health for every senior along the way.

MOW is a lifeline for me. I look forward to getting them every day. I have mobility issues and I really need this service and I appreciate having it. Thank you for all that you do.

Mona, CEAP Meals on Wheels Participant

CEAP is a provider of federally funded and locally partnered programs that **meet seniors** where they are in the spectrum of health and independence. Both our NAPS and Silver Selects programs offer healthy food in an accessible way to keep our seniors active and vibrant.



49,963 meals delivered to our senior neighbors

3,120 meals served through Silver Selects

CEAP also provides groceries to our **senior and disabled neighbors** who are able to prepare meals for themselves but face barriers to visiting CEAP, such as mobility challenges or a lack of transportation. Senior grocery delivery **honors our neighbors' autonomy and dignity** in making the choices that are best for their individual nutritional needs, while **removing barriers** they may experience in accessing the food they both need and prefer. Together we are growing a healthier community where our neighbors of all ages and abilities can thrive!

Seasonal & Community Programs

CEAP is an expert at **resource navigation**: when a neighbor visits CEAP, we work with them to identify other unmet needs that CEAP and our partners can assist with. This **"whole person" approach**, in which we form meaningful relationships and recognize that hunger is a symptom of something greater, propels each neighbor into greater health, stability, and independence.

pounds of food shared through Farm Fresh in the Fast Lane

Farm Fresh Fest is a celebration of our community and an opportunity for neighbors to receive fresh, in-season produce in a safe, inclusive, and welcoming atmosphere. Beyond fresh produce, Farm Fresh also offers community connections, joyful activities, and an opportunity to come together and celebrate each other and all that summer and our community have to offer.





3,000 backpacks provided so the children of our community can LearnStrong

Children are our future. CEAP is committed to ensuring that all of the kids of our community have the resources they need to grow, play, and learn. Having essential school supplies helps students feel prepared and know that their community is investing in their education and their future – it helps them know that someone cares.

1,500 holiday meals shared through CEAP's Season of Sharing

Every neighbor deserves to share in the joy of the holiday season. CEAP provided holiday gifts and CEAP Essentials: Holiday Edition items to our community to make sure that all of our neighbors are able to enjoy special holiday meals and beloved recipes with their loved ones.



Financial Statement 2023 Fiscal Year

ASSETS		LIABILITIES	
Property & Equipment (net)	\$3,931,540	Total Liabilities	\$156,673
Cash and Cash Equivalents	\$1,441,760	Total Temporarily Restricted Net Assets	\$0
Grants Receivable	\$121,566	Total Unrestricted Net Assets	\$5,478,866
Accounts Receivable	\$90,231		
Prepaid Expenses	\$50,442	TOTAL LIABILITIES & NET ASSETS	\$5,635,539
TOTAL ASSETS	\$5,635,539		

*CEAP facilitates a housing assistance program funded through the federal Coronavirus Aid, Relief, and Economic Security (CARES) Act. CEAP shares assistance with neighbors through Safe @ Home Brooklyns and does not retain these funds.



