

The Impact of Your Giving



CEAP

2019 Annual Report

CEAP'S MISSION

CEAP mobilizes resources, shares abundance and nourishes neighbors to create and celebrate a healthier, stronger and connected community.

CEAP'S VISION

CEAP inspires collaboration and cooperation with our partners and neighbors to live healthier, more connected lives in which every person feels loved, safe and nourished.

What's next? 2020 Plans and Priorities

Dear neighbors,

As we review our last fiscal year, we have been reflecting on the ways our organization and community have grown and changed. While the specific programs at CEAP have changed over the past 48 years, our main belief has remained the same: we are here to support our neighbors. As a community grows, its needs will inevitably shift and at CEAP, we pride ourselves in being able to quickly respond and adapt to those changing needs. At the core of our organization, we will always remain dedicated to being a place of joy where our neighbors find support and connection.

CEAP is holding these core beliefs as close as ever. Our team continues to invest the time, energy, and resources needed to double-down on our commitment to our food programs, our volunteers and the health and wellness of our community. We are working hard to ensure that we continue to provide not only a sufficient quantity of services, but also the highest quality of services to our neighbors and participants who deserve an experience where they are treated with dignity and compassion.

CEAP was founded by community members, and we continue to rely on the members of our community to join us in this work, invest in this community safety net, and share the abundance of our community with all. Many of our neighbors who donate to CEAP know that if an emergency or disaster were to occur in their lives, they would turn to CEAP for assistance. CEAP will continue to be here with an outstretched hand of support for all of our neighbors: our youth, seniors, families, and everyone in between. CEAP is for all of us.

Your support of CEAP will be crucial as we continue to focus on strengthening our food programs, advancing our volunteer program, and supporting the health and wellness of our community. Thank you for being a member of our community, and for investing in your community so that we can all live happy, healthy, and connected lives. I believe that by working together, we will grow a stronger community.

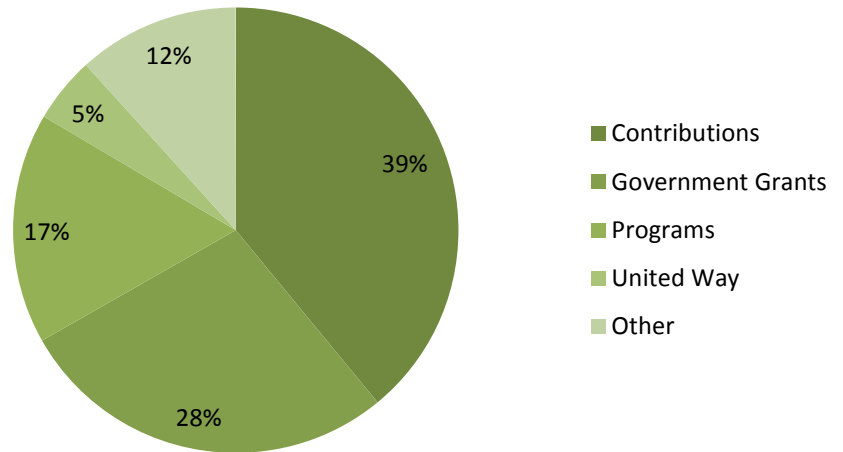
In Community,



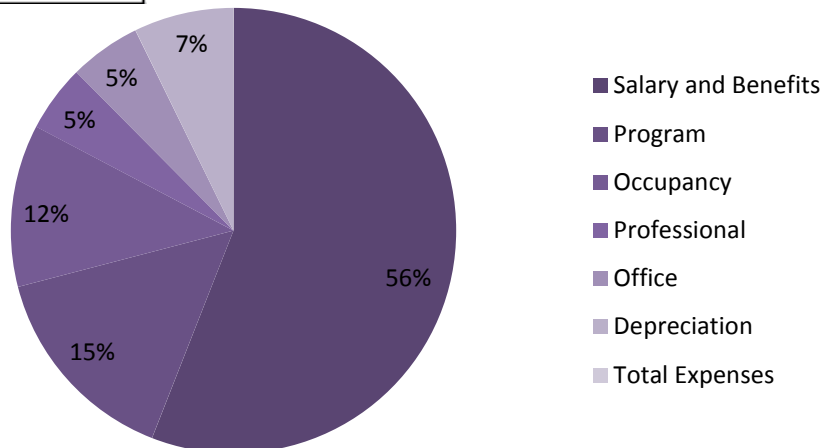
Clare Brumback
President of CEAP

Financial Statement FY 2018

| Revenue | | |
|------------------------------------|-----|--------------------|
| Contributions | 39% | \$587,514 |
| Government Grants | 28% | \$417,026 |
| Programs | 17% | \$252,036 |
| United Way | 5% | \$71,828 |
| Other | 12% | \$176,391 |
| Total (minus building/land) | | \$1,504,795 |
| Building Acquisition | N/A | \$4,338,279 |



| Expenses | | |
|-----------------------|-----|--------------------|
| Salary and Benefits | 56% | \$931,428 |
| Program | 15% | \$249,095 |
| Occupancy | 12% | \$196,029 |
| Professional | 5% | \$80,660 |
| Office | 5% | \$86,524 |
| Depreciation | 7% | \$120,667 |
| Total Expenses | | \$1,664,403 |



CEAP increases access and shares abundance with your neighbors



CEAP's food programs increase access and improve health in your community. CEAP's **Food Market**, where the organization began, has grown significantly over the past 48 years. In the past year, the Food Market provided **1.36 million pounds of food** to 65,343 individuals. More than **19,000 families** received food assistance from CEAP's Food Market in FY 2018-19!

One of CEAP's additional food programs is its **Farm Fresh Fest (FFF)**. In the summer of 2019, FFF provided 81,420 pounds of fresh produce to nearly 7,500 neighbors.

CEAP also has nutrition programs for our senior neighbors, including Silver Selects and NAPS. These programs serve seniors with varying needs and mobilities, and provided nutritious meals to **1,118 seniors** in FY 18-19.



CEAP improves the health and wellness of your senior neighbors

CEAP offers additional senior programs, including **Meals on Wheels** and a program, new in 2019, **65 & Thrive**.

CEAP's Meals on Wheels program is providing delicious, nutritious meals to our senior neighbors. It also provides companionship and a daily safety check to each neighbor! As Meals on Wheels volunteer Mike White says, "Meals on Wheels is more than a volunteer position; it's a relationship. It's built on trust."

CEAP's Meals on Wheels program delivered **32,967 meals** to 1,658 neighbors in FY 18-19.

CEAP's new "65 & Thrive" program is designed to provide in-home resources to maintain and improve the health and wellness of seniors. The process begins with a self-assessment that helps seniors determine what the best next steps are. In just April-June, our 65 & Thrive program provided **150 screenings of seniors!** The screenings resulted in 62 high risk seniors, 24 moderate risk, and 59 low/no risk, all of which were connected to appropriate resources.



CEAP is invested in its volunteer program



CEAP's volunteers are the heart of our work; without their time and talent, CEAP could not exist. In FY 18-19, our volunteers contributed over 29,000 hours of service to CEAP!

In FY 18-19, CEAP hosted **3,938 volunteers** who provided **31,696 hours** of service to our community!

"I've always wanted to give back to the community somehow so I researched some food shelves and discovered CEAP. The mission and message were things I strongly believed in. On top of that, staff and the customers are really awesome people, warm, and welcoming so I've been volunteering ever since."

--Tony, CEAP Food Market volunteer

Our Team

CEAP's Staff

Aracely Real, Receptionist
Brian Johnson, Community Engagement Manager
Byron Laher, VP of External and Government Relations
Clare Brumback, President
Daisy Barton, Senior Services Program Manager
Jane Shade, Director of Community Engagement
Holli Rolfe, Director of Finance and Administration
Kalleah Kennedy, Director of Advancement
Sophie Ball, Volunteer Coordinator
Mike Solesky, Warehouse Operations Coordinator
Natasha Triplett, Family Service Manager
Paige Myers, Communications and Events Manager
Rachel Franklin, Meals on Wheels Coordinator
Stephanie Lehman, Director of Operations

CEAP's Board of Directors

Polly Berry Dorr, Chair
Manager, Media Investments, General Mills, retired
Lindsay Vondall, Secretary
Director of Client Success, Rx Savings Solutions
Angela Berkenstock, Treas.
Cummins Power Generation
Jill Winter
Director of Marketing, Froehling Anderson
Kimberly Boll-Farrington
Senior Art Director, Nemer Fieger
Reggie Edwards
Deputy City Manager, City of Brooklyn Center
Lisa McDonnel
Senior Vice President, Network Strategy & Innovation,
United Healthcare
Mary Thell
Director of Subdivision Strategies, Ameriprise Financial,
Inc., retired
Jeff Uecker, Vice Chair
Chief Financial Officer, Goodwill-Easter Seals MN