

# TEAM CEAP VOLUNTEER VOICE



## FALL IS HERE!

Thank you to Team CEAP for your flexibility and enthusiasm in jumping in to fill volunteer shifts this summer. Because of your commitment and positive attitudes, CEAP staff and your fellow volunteers were able to take summer vacations with the confidence that our neighbors were in your capable and caring hands. We are so thankful to have such a dedicated and talented volunteer team - Team CEAP is the best!



## UPCOMING HOLIDAYS

CEAP will be closed on the following days in observance of federal holidays and to allow Team CEAP some well-deserved time off!

- Monday, October 14: Indigenous Peoples Day
- Monday, November 11: Veterans Day

## MEALS ON WHEELS MONTH

This September, CEAP is celebrating "Meals on Wheels Month"! We're excited to share about and raise support for this beloved and critical community program.

CEAP Meals on Wheels provides hot, nutritious, lunch-time meals for seniors and for individuals who are not able to prepare meals or leave their homes. Meals are delivered by CEAP's committed and highly-trained volunteers! We serve seniors and homebound neighbors in 14 cities in Northwest Suburban Hennepin County and are the only provider in this community. We're one of the largest providers in the state! Our service area has grown 600% since the beginning of the pandemic.



### **You're Invited: Neighbors Who Knock!**

Join Neighbors Who Knock. Together, we're delivering warm meals and friendship!

CEAP is excited to announce a new program designed for supporters like you: Neighbors Who Knock is our recurring donor program that specifically supports CEAP Meals on Wheels. By spreading your support over 12 months, you provide CEAP Meals on Wheels with a reliable stream of donations that helps cover the cost of meals for neighbors who cannot pay for themselves, and the operations to make it all happen! Your consistent support allows us to focus on our mission and our neighbors.

**Joining Neighbors Who Knock is simple and easy. You can automate your monthly, quarterly, or yearly gift securely at [ceap.org/donate](https://ceap.org/donate). Give any amount, at any time of the month, and cancel any time.**

CEAP Meals on Wheels recipients are active participants in a collective effort to grow a more equitable, healthy, and joyful community through access to food. Will you join them by committing to a recurring donation?



## YOUR IMPACT

Thanks to Team CEAP, we had an incredible Farm Fresh Fest season! With the help of over 200 volunteers throughout the season, CEAP shared nearly 150,000 pounds of fresh produce with an average of 260 households at each of our 8 events. We had so much fun sharing abundance and celebrating community with you this summer!



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We also shared 5,800 backpacks through our LearnStrong program!

## FOOD MARKET REFRESH

CEAP is excited to share that a “refresh” is coming to our Food Market at the end of September! CEAP will be reorganizing our Food Market to create space for resources for our mobile programs. We will close for two days on Monday, September 23 and Tuesday, September 24.

As part of this “refresh”, we’ll be restructuring shift roles to make sure every volunteer has the role you’re most skilled at and invested in. Volunteers will sign up for one of three groups – Hospitality, Food Market, or Warehouse. These shift changes are effective as of September 25. With these new roles will come some updated training to make sure you’re comfortable and confident!

We’re excited about these improvements that will enhance the CEAP experience for participants and volunteers alike. We’re confident that you’ll be able to take these changes in stride – you’re experts at it!

## VOLUNTEER SPOTLIGHT

This month, we are spotlighting Carl, a reliable and enthusiastic Meals on Wheels driver!

Carl is always willing to go above and beyond and extend a hand of support to our neighbors. Having a consistent and caring volunteer is so valuable for CEAP and our Meals on Wheels participants! We're lucky to have Carl on our team and are thankful for his commitment.

This month, Carl and other volunteer drivers have been hosting local leaders on their Meals on Wheels route to help them learn more about the program and how we deliver a difference. This is Carl with Brooklyn Center Councilmember Teneshia Kragness!



## SAVE THE DATE!

Save the date for the following events during our Give to the Max Day campaign!

### **Friday, November 1: Spaghetti Feed at Osseo-Maple Grove American Legion**

Like our Fish Fry during the CEAP Community Challenge, CEAP volunteers and staff will serve food and earn a portion of proceeds!

### **Thursday, November 21: Celebration at Mad Jack's Cafe**

Come together with fellow CEAP supporters and raise a glass to the abundance of our community on Give to the Max Day. Mad Jack's will donate a portion of proceeds to CEAP!

