

MARCH - APRIL 2023

TEAM CEAP

VOLUNTEER VOICE



CEAP COMMUNITY CHALLENGE: MARCH OF A MILLION MEALS

Dates: February 27 - April 9

Our Goal: \$200,000 and 150,000 lbs of food

Did you know that CEAP shares about 500,000 meals with our community each month through our Meals on Wheels and Food Market programs? This “March of a Million Meals”, lend a hand of support to share those meals this month while funding them for the next! Our goal is to collect 150,000 pounds of food and \$200,000, which will be proportionally matched by Minnesota FoodShare.



UPCOMING HOLIDAYS

There are no scheduled closures in March or April!

VOLUNTEER OPPORTUNITIES

During the CEAP Community Challenge, we need extra hands of support to get the influx of food donations out to our neighbors with care and efficiency. Opportunities to help sort and stock food donations are now live on VolunteerMatters under the project "CEAP Community Challenge".

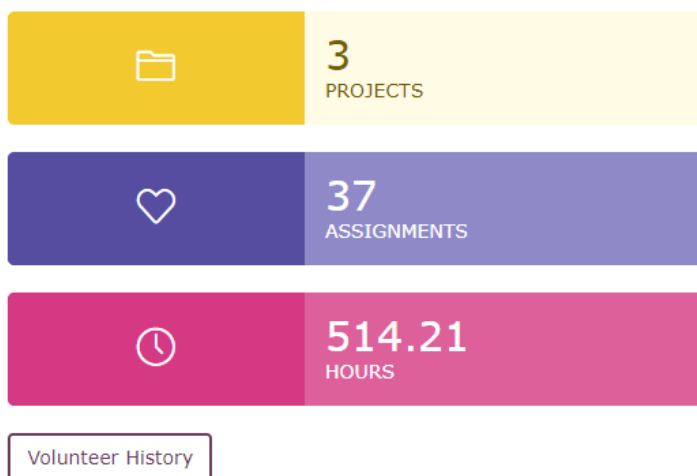
These shifts are a great opportunity for groups, so bring your friends, family, or coworkers with you (and cross a square off your CEAP Community Challenge bingo card - more on that on the next page). For more information about CEAP Community Challenge volunteerism, contact Mark at mark.zobel@ceap.com or (763) 450-3664.



VOLUNTEER APPRECIATION WEEK

Volunteer Appreciation Week is April 17-21! Be sure to sign up to volunteer that week to share in some fun treats. More info to come!

VOLUNTEERMATTERS TIP



Did you know that you can view your Team CEAP volunteer history in VolunteerMatters? Click on the smiley face icon on the left side of the screen to view your profile. On the righthand side of your profile, you'll see your personal volunteer stats: number of projects you've volunteered with, assignments you've worked, and total hours!

DONATION ACCEPTANCE PROCEDURE

- Food donations can be accepted at the hospitality desk, but large donations should be delivered in the back
 - If somebody is dropping off donations from a drive, please call Mark at (763) 450-3664!
- ALL DONATIONS must be weighed and recorded. This is true all of the time, not just during the CEAP Community Challenge.
- Once donations have been weighed, food should be taken to Station 1 - the sorting wall – to be sorted and stocked.
- Please ask donors to provide their email address when you weigh the donation so that we can send them their receipt.



TAKE ON THE CEAP COMMUNITY CHALLENGE

There are so many ways for Team CEAP to take on the CEAP Community Challenge and help us reach our goal of raising \$200,000 and 150,000 pounds of food! We have created a Team CEAP bingo card with ways for you to help us share a million meals with our neighbors. Any volunteer who gets a bingo will receive a CEAP sweatshirt.

Reminder that all food and fund donations made between February 27 - April 9 will be proportionally matched by Minnesota FoodShare. Because CEAP is able to receive food from food bank partners at discounted, bulk prices, your dollar goes further when donated directly to CEAP than purchasing groceries to donate at the store! Monetary donations can be made online at www.ceap.org/donate or by cash or check delivered to a CEAP staff member.

CEAP Community Challenge: March of a Million Meals



Volunteer Bingo

Name: _____

Bring a friend to volunteer

Volunteer for a Meals on Wheels route

Make a purchase from the Turning Leaf Thrift Store

Bring in your own food donation

Share why you took on the Challenge with Katy

Reshare a CEAP post on social media

Invite your employer or faith community to host a drive

Volunteer in the Food Market

Share donate link on social media or via email

Make a financial donation

Volunteer to sort food donations

Get a participant quote/story to share with Katy

Volunteer in the Turning Leaf Thrift Store

Attend a Stuff the Truck event

Help unload/receive a donation of food/cash

Wear CEAP swag!