

TEAM CEAP VOLUNTEER VOICE



SEASON OF SHARING

As the holiday season approaches, we want to make sure Team CEAP is prepared to answer questions and help our neighbors celebrate and stay warm! Beginning mid-November, daily Food Market team check-ins will include information and reminders about holiday programming.

This year, CEAP will share holiday food items through our Food Market, gifts through Meals on Wheels, and holiday toys.



UPCOMING HOLIDAYS

CEAP will be closed on the following days in observance of federal holidays and to allow Team CEAP some well-deserved time off!

- Friday, November 10: Veterans Day observed
- Thursday, November 23 - Friday, November 24: Thanksgiving
- Friday, December 22 - Monday, December 25: Christmas

GIVE TO THE MAX DAY!

This Give to the Max Day, Minnesota's giving holiday, CEAP is raising funds to support our food assistance programs: Food Market, Meals on Wheels, and Mobile Market. These programs meet each neighbor where they are with the nutritional support and community connections they need and want. From fresh groceries to hot, home delivered-meals, CEAP is here to make sure no neighbor has to choose between paying the bills and putting food on the table. Are you with us?

Here at CEAP, we know that a little friendly competition brings us all together to propel our community forward. That's why CEAP program staff are competing to see who can raise the most money to support their program! There are two ways to join a team:

1. Make a donation! You can give by donating directly to your team's GiveMN fundraising page (scan the QR codes or visit the links below), or you can give at www.ceap.org/donate or by cash or check. Make sure you include a note with your team name!
2. Share a fundraising page with your friends and family, or recruit other volunteers to join your team!



Team Maggie:
Mobile Market

givemn.org/team/Maggie23



Team Steve:
Food Market

givemn.org/team/Steve23



Team Katrina:
Meals on Wheels

givemn.org/team/Katrina23

Give to the Max Day is November 16 and early giving began on November 1. Our goal is to raise \$60,000, and we're already making great progress thanks to a \$15,000 match from CEAP's Board and community partners. This match is active now, so don't wait until November 16 to donate - give today to double your impact!

MEALS ON WHEELS UPDATES

Blizzard bags with pantry staples like canned veggies and pasta will be delivered to Meals on Wheels participants in early December. These bags are designed to provide wholesome, healthy food in the event of a winter emergency that prevents us from delivering meals.

We will also have salt bags available in December to help keep our participants' driveways and sidewalks clear!



VOLUNTEER SPOTLIGHT: JAN FEDORA

Introducing a new segment of the Volunteer Voice: Volunteer Spotlight! Each newsletter, we will spotlight a Team CEAP volunteer who is doing a phenomenal job of extending a hand of support to our neighbors.



“Jan has been going above and beyond for Meals on Wheels the past several months! She volunteers with Meals on Wheels through her church Valley Community Presbyterian once a month but has started volunteering 3-4 times a week. She’s also been flexible and started volunteering as a Kitchen Assistant some mornings on top of driving! She has a cheerful attitude, often sharing positive feedback with us about our program and organization. 😊 She’s a joy to have around!” -Katrina and Sydney, Meals on Wheels Coordinators



INSIDE BRIAN'S BRAIN

Food Market hospitality volunteers: when you see flyers like these sitting at the desk, please be sure to include them with each grocery order!

We use flyers to communicate important information to our neighbors, like upcoming events and seasonal programs. We're counting on you to help us get these messages across.

It's always best to communicate directly with participants about any additional information or items being included in their orders. When you deliver orders to participants' vehicles, please hand them flyers directly or let them know to look for a flyer in their order!



YOUR IMPACT

CEAP has 14 full-time employees on our staff. We are responsible for things like building partnerships, ordering meals, fundraising, picking up food from grocery stores, and more. During the Season of Sharing, we continue these tasks to keep things running smoothly behind the scenes. All of our holiday programs happen in addition to the programs we offer every day.

Team CEAP volunteers are the equivalent of 9 additional full-time staff members, dedicated 100% to direct service for our neighbors.

Without your time and talent, we would not be able to share thousands of meals with our neighbors each week, much less offer seasonal programs. You are the reason why holiday meals will be possible for every family and 300 more families will experience the joy and love of opening up gifts this year.

Thank you!