

## **About Back to School at CEAP**

When kids don't have the nourishment they need to grow, it really impacts their learning. Nutrients like protein and vitamins are essential for physical and mental development. CEAP is here to ensure that the students of our community don't need to worry about where their next meal is coming from, so that they can focus on learning and being kids.

## **Most-Needed Items**

- Granola bars
- Applesauce packs
- Trail mix
- Teddy grahams

- Raisins
- Fruit snacks
- Juice boxes
- Goldfish

- Fruit leathers
- Veggie straws
- Individual cereal servings
- \*Please refrain from donating cookies, chips, and candy.



Grow your impact by scanning with your smartphone and giving to CEAP! \$25 covers one GrowStrong kit.



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